# ALTON PARKS & RECREATION SUMMER BROCHURE

"Creating Community Through People, Parks and Programs"

603-875-0109 ~ parksrec@alton.nh.gov ~ www.altonparksandrecreation.com



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Alton, NH Parks & Recreation

#### **Volunteers needed for:**

- Parks and Recreation Special Events
- Friends of Parks and Recreation Committee
- 5K Race (Get a free shirt!)

#### **JULY IS**

#### PARK AND RECREATION MONTH

This July, join Alton Parks and Recreation for Park and Recreation Month, an initiative of the National Recreation and Park Association (NRPA), as we celebrate how Alton, NH is stronger, more vibrant and more resilient because of Parks and Recreation.

#### Freezer Pops, & Sidewalk Chalk: Tuesday, 7/1, 1:00pm-2:00pm

<u>Alton Bay Gazebo</u> – (Free) Join us for fun in the sun as we enjoy freezer pops, and chalk drawings on the sidewalks! All ages are welcome.

#### "Thursday Afternoon Band": Thursday, 7/3, 7:00pm-9:00pm

<u>Alton Bay Land Bandstand</u> – Classic and Modern Rock. Bring a chair and enjoy music by the lake! In the event of inclement weather, decisions to cancel will be announced by 2:00pm on the Parks and Recreation Facebook Page and Town Website calendar.

#### Fireworks: Thursday, 7/3, 9:20pm

<u>Alton Bay</u> – (Free) Fireworks will be launched off the barge in Alton Bay. Bring a chair and grab a spot on the lawn or come by boat for this spectacular event. 7/3 Rain Date: 7/5.

#### Intro To Guitar: Thursday, 7/17, 10:00am-11:30am

<u>Gilman Library</u> – (Free) All are welcome to bring their own guitars for a fun morning of learning the fundamentals! At the end, you will know how to hold your instrument, tune it, strum it, and how to play a few chords. Register by Monday, July 14.

#### Beach Bonfire and Singalong: Friday, 7/18, 7:00pm-8:30pm

<u>Alton Bay Public Beach</u> – (Free) Join friends and community members for a Bonfire and sing along guitar with music by <u>John Irish</u>. Bring a chair and blanket and enjoy the summer breeze, great music, and s'mores. This is a family friendly event.

July 18th is Park and Recreation Professionals Day.

Shoutout to our staff and volunteers!

#### PROGRAMS & EVENTS

#### Town Wide Yard Sale: Saturday, 6/7, 8:00am-2:00pm

Are you a bargain shopper that likes to repurpose things? Then mark your calendar for the Town Wide Yard Sale! Community members will be holding various yard sales around Alton. Preregistered locations are marked on the free "Yard Sale Locator Map", which will be available at the Parks and Recreation Office and website, Town Hall, Gilman Library, TD Bank, and Meredith Village Savings Bank. Find the online map on our website.

#### Paint Nights: Wednesday, 6/25, 6:00pm-8:00pm & Wednesday, 8/20, 6:00pm-8:00pm

<u>Alton Bay Bandstand</u> – (Adults: \$25) (12 & Under: \$15). All ages welcome. Join family, friends, and community members for a night out of relaxation and fun with instructor Anne Morrell. All supplies included. No art experience needed. This popular program fills up fast and usually has a wait list, be sure to sign up asap! View an example of the painting on the Alton Parks and Recreation Facebook page.

June 25: Soft blue skies and mountains with lake and dock, and reflecting yellow sunset in the water \*Rain Date is Thursday, June 26, 6:00pm-8:00pm.

August 20: Peaceful ocean waves with a sandy beach and wildflower covered dunes. \*Rain Date is Thursday, August 21, 6:00pm-8:00pm.

#### Little Lake Explorers: Mondays, 9:00am-11:00am

<u>Alton Bay Community Center</u> – (Free) Ages 0-7 yrs. Join other parents with similar aged children for the Little Lake Explorers playgroup to make a community of support and fun! Each group will start with a circle time of greetings, songs and have a discussion topic such as empathy, caring, planets, animals, etc. There will also be an age-appropriate craft, snack, time for free play and a story to end each group. Preregister by the Wednesday before each meeting at <a href="mailto:littlelakeexplorersalton@gmail.com">littlelakeexplorersalton@gmail.com</a>. Drop ins are also welcome.

#### Learn To Play Pickleball Fun Free Clinic: Monday, 6/16, 5:30pm-7:00pm

<u>Liberty Tree Park</u> – (Free) Ages 13+up. Come learn how to play Pickleball! Limited paddles will be available, so bring one if you have one! Register through Alton Parks and Recreation at <a href="http://www.alton.nh.gov">http://www.alton.nh.gov</a> or New Durham Parks and Recreation at: <a href="http://www.ndparksandrec.com">www.ndparksandrec.com</a>.

#### Slow Flow Yoga: Mondays and Wednesdays, 6:30am-7:30am

<u>Alton Bay Community Center</u> – (Pre-registration: \$10) (Virtual: \$10) (Drop-in: \$15) Instructor Pamela Mott (500 YTT) will be leading early morning yoga instruction. All levels encouraged. Begin the morning with a focus on wellbeing. Improve health and reduce stress. Each class will be focused on breathing with attention to movement, alignment, strength, and stamina. Drop ins are welcome. Pre-registration is encouraged. For more information and to pre-register, text Pamela Mott at 603-393-0595. Cash and Venmo accepted. Please see the online Recreation Calendar for updated schedule.

#### Pilates: Tuesdays and Thursdays, 9:30am-10:30am

<u>Alton Bay Community Center</u> – (\$10/class) All level adults are welcome for this full body, low impact class that will improve muscle tone, flexibility, balance, and strength with Certified Instructor Donna Lee. Bring a mat, lightweights, and a bottle of water. Drop ins are welcome, preregistration is preferred. Cash or Venmo @breathepilates1. For more information contact Donna Lee at <a href="mailto:breathepilates1@yahoo.com">breathepilates1@yahoo.com</a>. Please see online Recreation Calendar for updated schedule.

#### Line Dancing: Thursdays, 6/5-10/16, 1:00pm-3:10pm

<u>Alton Bay Community Center</u> – (\$15 for the Season). Line Dancing is great exercise and a lot of fun in our air-conditioned building! Learn new dances every week. All abilities are welcome.

Beginners: Novice level. Those who need instruction. Basic dance steps. 1:00pm – 2:00pm.

Experienced: 2:10pm - 3:10pm.

#### WATER BANDSTAND COMMITTEE EVENTS

Thursday Afternoon Band Concert: Friday, 8/22, 7:00pm-9:00pm

Alton Bay Bandstand - Classic and Modern Rock. Bring a chair and enjoy music by the lake!

Water Ski Show: Saturday, 8/23, 3:00pm

<u>Alton Bay</u> – Sponsored by the Alton Bay Water Bandstand Committee.



## PARKS AND RECREATION & FRIENDS OF GILMAN LIBRARY EVENTS

Intro To Guitar: Thursday, 7/17, 10:00am-11:30am

<u>Gilman Library</u> – (Free) All are welcome to bring their own guitars for a fun morning of learning the fundamentals! At the end, you will know how to hold your instrument, tune it, strum it, and how to play a few chords. Register by Monday, July 14.

Books & Boardgames: Thursday, 8/21, 10:00am-11:30am

Gilman Library – (Free) Come on down to the library to check out their books available to take home for a donation, play boardgames, and learn what else is offered there. Bring a bag of books home with you for only \$1!



#### **ALTON TOWN WIDE YARD SALE**

### Saturday, June 7, 2025, 8:00am-2:00pm - Rain or Shine Sponsored by the Alton Parks and Recreation Department

Welcome to the 27<sup>th</sup> Annual Alton Town Wide Yard Sale! With over 60 Yard Sales to visit, it's going to be a fun day. The properties listed on this map have registered to be included in the Town Wide Yard Sale. The map gives the general directions and location of each Yard Sale.

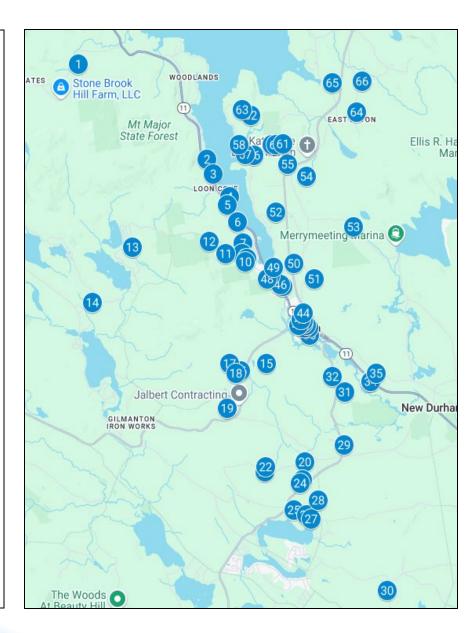
PLEASE NOTE: Be on the lookout for additional yard sales that may not be listed on the map, as some homeowners may have decided to have a yard sale as well. Also, please understand that there may be participants who have decided not to have a yard sale but still may be listed on the map.

Please use best practices for your health and safety during this program.

The Town of Alton and the Parks and Recreation Department will not be held responsible for any claims made by the sellers or any merchandise you purchase.

The event was coordinated to promote community spirit! We wish you the best of luck and hope you enjoy your day out in the Town of Alton!

You can also access the interactive map through Google Maps via your smartphone by using the QR code.









#### **2025 ALTON TOWN WIDE YARD SALE**

- 1. 31 Reed Rd
- 2. 230 Rte 11-D
- 3. 4 Loveren Ln
- 4. 98 Loon Cove Rd
- 5. 6 Boat Cove Rd
- 6. 306 Mt Major Hwy
- 7. 82 Lakewood Dr
- 8. 225 Rand Hill Rd
- 9. 167 Lakewood Dr
- 10. 186 Rand Hill
- 11. 99 Alton Mountain Rd
- 12. 37 High Point Dr
- 13. 34 Frohock Brook Rd
- 14. 23 Places Mill Rd
- 15. 84 Youngtown Rd
- 16. 16 Ingalls Terrace
- 17. 72 Ingalls Terrace
- 18. 31 Ingalls Terrace
- 19. 47 Horne Rd
- 20. 408 Stockbridge Corner Rd
- 21. 201 Stockbridge Corner Rd
- 22. 215 Stockbridge Corner Rd
- 23. 67 Linwood Dr
- 24. 86 Linwood Dr
- 25. 40 Prospect Mountain Rd
- 26. 94 Prospect Mountain Rd
- 27. Highgrove Park
- 28. 180 Ham Woods Rd
- 29. 517 Suncook Valley Rd
- 30. 50 Lockes Corner Rd
- 31. 56 Osprey Rd
- 32. 188 Suncook Valley Rd
- 33. 105 Heron Point Rd

- 34. 125 Heron Point Rd
- 35. 283 New Durham Rd
- 36. 17 Barnes Ave
- 37. 82 Main St
- 38. 16 School St
- 39. 100 Main St/Gilman Library
- 40. 115 Main St
- 41. 5 Monument Square
- 42. 27 Frank C Gilman Hwy
- 43. 137 Main St
- 44. 28 Old Wolfeboro Rd
- 45. 324 Main St
- 46. 332 Main St
- 47. 404 Main St
- 48. 15 Downing Rd
- 49. 46 East Side Dr
- 50. 105 Bay Hill Rd
- 51. 198 Old Wolfeboro Rd
- 52. 55 Swan Lake Trail
- 53. 238 Powder Mill Rd
- 54. 87 Brynn Ln
- 55. 23 Juliet Ln
- 56. 42 Southview Ln
- 57. 65 Trask Side Rd
- 58. 138 Trask Side Rd
- 59. 27 Ridge Rd
- 60. 50 Ridge Rd
- 61. 77 Ridge Rd
- 62. 151 Fort Point Rd
- 63. 32 Cates Hill Rd
- 64. 207 Fort Point Rd
- 65. 128 Roberts Cove Rd
- 66. 15 Hayes Rd

#### ALTON BAY SUMMER CONCERT SERIES

Concerts: Saturdays, 7/5-8/30, 7:00pm-9:00pm

<u>Alton Bay Bandstand</u> – (Free) Bring a chair and enjoy music by the lake! In the event of inclement weather, decisions to cancel will be announced by 2:00pm on the Parks and Recreation Facebook Page and Town website calendar. \*Please note different times.

\*THURSDAY July 3 – "Thursday Afternoon Band": Classic and Modern Rock (Fireworks after show!)

July 5 - Saxx Roxx: Classic Rock with Brass

July 12 - The Visitors: Oldies, Classic Rock, Country Rock

July 19 - Pub Pirates: Classic Rock

July 26 - Got It Covered: Cover Songs

August 2 – The Revolutionists: Classic and Modern Rock and Roll

August 9 - Bittersweet: Classic Rock

August 16 - Chris Bonoli: Soft Rock, Country, and Classic Electric Blues

August 23 – Saxx Roxx: Classic Rock with Brass (back by popular demand)

August 30 – Cool Beans: 60's and 70's Rock



#### ALTON OLD HOME WEEKEND EVENTS

Alton Old Home 5K Road Race: Saturday, 8/9, 9:00am

<u>Alton Bay Bandstand</u> – Co-sponsored by Meredith Village Savings Bank. Registration fee: \$20 by July 14<sup>th</sup> with free long-sleeve cotton shirt (\$5 extra for poly-tech shirt); \$25 after July 14<sup>th</sup>, shirts are not guaranteed. Computerized timing. Scenic, slightly varying USATF-certified course through Alton. Individual awards, team prizes, post-race refreshments and raffles. Registration forms available through Alton Parks and Recreation, or register online at <a href="https://www.runsignup.com/Race/NH/Alton/AltonOldHomeWeek5KRoadRace">www.runsignup.com/Race/NH/Alton/AltonOldHomeWeek5KRoadRace</a>

Alton Old Home Week Craft Fair: 8/9, 9:00am-5:00pm, 8/10, 10:00am-3:00pm

Alton Bay Community Center & Railroad Square Park- Over 30 vendors with handmade New England craft items, including jewelry, fabric and cloth products, fine wood crafts, pet treats and toys, food products, skin care, soaps, candles, pottery, etc.

Bittersweet Concert: Saturday, 8/9, 7:00pm-9:00pm,

<u>Alton Bay Bandstand</u> – Classic rock. Bring a chair and enjoy music by the lake! In the event of inclement weather, decisions to cancel will be announced by 2:00pm on the Parks and Recreation Facebook Page and Town Website calendar.

<u>Cribbage Tournament:</u> Sunday, 8/10, 1:00pm

Alton Bay Bandstand – Join in the fun for a cribbage tournament!



#### **ALTON TENNIS & PICKUP SPORTS**

#### **USTA TENNIS IN THE PARKS**

Youth Program: Tuesdays & Thursdays, Sessions/Dates & Times by Age Groups Below

<u>Liberty Tree Park Tennis Courts</u> – (\$60) The tennis program where kids play while they learn! Led by an approved USTA Net Generation tennis coach. The program will focus on developing the skills to serve, rally, and play, so it's perfect for beginners and first time players. This program uses modified tennnis balls, age appropirate racquets, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racquet and a ball!

Session 1: Tuesdays & Thursdays, 7/8-7/24 (Rain Dates: 7/29 and/or 7/31)

Grades 1-3 9:00am-10:00am ~ Grades 4-6 10:15am-11:15am

**Session 2:** Tuesdays & Thursdays, 8/5-8/21 (Rain Dates: 8/26 and/or 8/28)

Grades 1-3 9:00am-10:00am ~ Grades 4-6 10:15am-11:15am

Adult Program: Wednesdays, 7/9-8/13, 6:00pm-7:30pm, (Rain Date: 8/20)

<u>Liberty Tree Park Tennis Courts</u> – (\$70) Ages 18 and over. Learn and play tennis! This program is for brand-new, beginner, or returning novice players. Led by a USTA-approved coach, we focus on FUN and learning the basics. Get great exercise while developing the skills to serve, rally, and play tennis.



#### PICKUP PLAY IN THE PARK

<u>Liberty Tree Park</u> – (Free) Starting June 5-August 28, everyone 18 years and over is invited to play pickup games at the park! Be social in your community while staying active. Bring your own equipment. To sign up, visit <u>www.altonparksandrecreation.com</u>, or scan the QR codes below.

Beach Volleyball: Thursdays, 6:00pm-7:30pm





Basketball: Thursdays, 6:00pm-7:30pm





Tennis: Thursdays, 6:00pm-7:30pm





Pickleball: Tuesdays & Thursdays, 8:00am-12:00pm







#### **ALTON PARKS AND FACILITIES**

The Town of Alton is abound with opportunities to experience its beauty and expansiveness every season of the year. Surrounded by lakes and mountains, Alton's ideal location offers residents and visitors many choices for recreation, relaxation and social gatherings. Below is a list of parks and facilities for enjoyment and leisure time. Town-owned park facilities are available for public use and events.



 Alton Bay Community Center – Located at 58 Mt Major Hwy (Rte 11) ~ Renovated historic building built in the 1800's; originally used as a transportation center for the railroad.



- Railroad Square Park Located adjacent to the Alton Bay Community Center ~ Waterfront park, swim dock, seasonal lifeguard, benches, picnic tables, seasonal drinking fountain, boat launch ramp, boat docks.
- <u>Land Bandstand</u> *Located in Railroad Square Park* ~ Summer concerts and town events.
- Alton Town Beach Located on East Side Drive (Rte 28A) ~ Raised beach, covered picnic area, swimming, seasonal lifeguard, benches, seasonal restrooms.
- <u>Harmony Park</u> *Located adjacent to Alton Town Beach* ~ Dedicated to the Norwich, CT chapter of the Society for the Preservation and Encouragement of Barbershop Quartet Singing in America. Covered picnic table area, fishing, bench.
- <u>Levey Park</u> Located on the west side of Rte 11, ¼ mile south of Rte 11 & 28A intersection ~ Ten-acre
  woodland, two miles of connected trails, picnic area, hiking, scenic view, bird watching, cross-country
  skiing, snowshoeing, seasonal water spigot, access to Merrymeeting River.
- <u>Jones Field</u> *Located on Letter S Rd* ~ Home of "Little Fenway"; baseball fields, softball field, playground, swings, picnic tables, fishing, canoe/kayak launch to Merrymeeting River.
- <u>Liberty Tree Park</u> *Located at 65 & 67 Frank C Gilman Hwy (Rte 140, behind Central Fire Station)* ~ Tennis courts with Pickleball court lines, basketball courts, sand volleyball court, skateboard park, slide and swings, benches, picnic tables, canoe/kayak launch to Merrymeeting River, seasonal drinking water.
- <u>B&M Railroad Park</u> *Located at 13 Depot Street (behind Town Hall)* ~ Toddler playground, wetlands boardwalk, horseshoe pit, bocce court, linked walking trail, picnic area, benches, historic train buildings and caboose.
- Ginny Douglas Park Located on Main St at Old Wolfeboro Rd ~ Gazebo, flower gardens, benches, linked walking trail.



- Mt Major Located on the west side of Mt Major Hwy (Rte 11) in West Alton ~ Part of the Belknap Mountain range; summit elevation is 1785'. Hiking to the summit on three marked trails from the trailhead parking lot on Rte 11. Mt Major Trail (blazed blue) is 1.5 miles to the summit and is a combination of logging road, ledges and steep scrambles. Brook Trail (blazed yellow) is 2.1 miles to the summit, and Boulder Loop (blazed orange) is 1.6 miles to the summit. Great view from the top. Winter snowmobile trails. Maintained by Society for Protection of NH Forests.
- Riley Road Beach Located on Rte 11N at Riley Rd in West Alton ~ Access to Lake Winnipesaukee for swimming; deck, limited parking.
- Roberts Cove Road Beach Located on Roberts Cove Rd (off Rte 28N) ~ Access to Lake Winnipesaukee for swimming; sand beach.
- Mike Burke Trail Located on Avery Hill Rd at Alton Mtn Rd ~ One-mile loop trail in the Town forest. Hiking, snowshoeing, wildlife.
- Knight's Pond Conservation Area Located on Rines Rd (off Rte 28N) in East Alton ~ 3.6-mile loop trail managed by LRCT, NH Fish & Game and local landowners. 31-acre pond, hiking, canoe/kayak access, fishing, snowshoeing, wildlife, boulder field.
- <u>Trask Swamp and Fort Point Woods Conservation Area</u> *Located on Fort Point Rd (off Chestnut Cove Rd)* ~ Managed by LRCT. Hiking, snowshoeing, wildlife. Parking available.
- <u>Gilman Pond Conservation Area</u> *Located on Gilman's Corner Rd (off Rte 28N) in East Alton* ~ Hiking trails and walking paths, fishing, canoe/kayak access.
- Cotton-Hurd Brook Woodland Preserve Located on Chestnut Cove Rd (off Rte 28N) ~ 103-acre parcel maintained by LRCT. Well-marked trail system that crosses two streams. Brook Loop Trail (blazed blue) is 1.4 miles; Evans Loop Trail (blazed yellow) is 1.7 miles. Approximately one hour hike. Rock caves, stone walls, shaded woodlands, brooks.
- Halfmoon Lake Located on Suncook Valley Rd (Rte 28S) ~ Boat launch, fishing. Parking available.





Scan For More Info!



#### **REGISTRATION FORM**

Creating Community Through People, Parks and Programs

PO Box 659, Alton, NH 03809 ~ 603-875-0109 ~ <a href="mailto:parksrec@alton.nh.gov">parksrec@alton.nh.gov</a> ~ <a href="mailto:www.altonparksandrecreation.com">www.altonparksandrecreation.com</a>

<u>Please complete ALL information legibly.</u> Full payment is due at the time of registration. Checks should be payable to "Town of Alton" and mailed to PO Box 659, Alton, NH 03809 or dropped off at the Alton Parks and Recreation office located at 328 Main Street (AVAS Public Park) on Route 11 across from Levey Park. Please do not send cash.

#### **Participant Information**

Name:			
Mailing Address:			
Phone #s: Cell:	Day:	Evening:	
Email:		Please add me to your email distribution lis	
	<b>Emergency Conta</b>	act Information	
Name: Relationship:		Contact Phone:	
	Registration	<u>Information</u>	
<b>Activity Name</b>		18 years or over?	Cost
		☐ Yes ☐ No	
Participation in this recreation bruises, torn muscles, broknowledge of the risks invaricipation in the prograwaive and release all right agents, employees and vofees and other expenses agive my permission for my	Waiver and Released ation program may involve risk of ken bones, eye and head injuried and activities listed, I hereby, for its and claims against the Town of blunteers, except in the case of the insing out of or in connection wayself to be treated by qualified in	ase of Liability of injury, including, but not es. As a participant, I attest a fit to participate in the prog r myself, my heirs, executor of Alton, Alton Parks and Re their sole negligence, from a with participation in the prog medical personnel in the eve	limited to, sprains, and verify that I have full gram. In consideration for s and administrators, creation, its officers, all losses, injury, damages, gram/activity. In addition,
contact listed cannot be r	eached by the phone number p	rovided.	

Date

Signature (parent/guardian must sign for participants under 18)